

**PATIENT INFORMATION SHEET: GALLIUM-<sup>68</sup> PET-CT SCAN**

**Name:** \_\_\_\_\_ **Appointment Date/Time:** \_\_\_\_\_

- The purpose of this study is to detect tumour or areas of infection in your body.
- Followings are the preparation instructions before undergoing PET CT scan.
  - Please do not eat for four (4) hours before your appointment time. Ensure to drink plenty of plain water only and abstain from sugar.
  - Please do not smoke on the day of the scan.
  - Please bring along your previous scans eg: MRI, CT, XRays, Ultrasound and Lab reports, if any.
  - Wear comfortable clothing.
  - Leave jewellery and valuables at home.
  - There should be no change in your medication.
  - You can expect to be at the facility for approximately 2-3 hours.
  - Diabetic patients need to regulate their blood glucose level to normal and must expect longer stay in the facility.
- You will be injected with a small amount of radioactive material (Gallium-<sup>68</sup>) which is attached to certain normal body tissues and tumours.
- Reactions or side effects caused from radioactive materials are uncommon; on rare occasions, mild effects may occur. Risks associated with these levels of radioactivity, if any, are believed to be quite small and almost always justified by the benefits gained with diagnosis of possible disease.
- After the injection, there will be a delay of up to 1 hour or more prior to imaging.
- The scanning session may last between 15-30 minutes, depending on your height and the area that requires imaging.
- Please be punctual. If you need to reschedule, you must notify the clinic 48 hours in advance. This procedure is not advisable for patients who are, or may be pregnant. Please contact us if you require further clarification.

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