



## PATIENT INFORMATION SHEET : PET / CT SCAN

Name: \_\_\_\_\_

Appointment Date/Time: \_\_\_\_\_

- This study is done to detect tumours in your body.
- Followings are the preparation instructions before undergoing PET/CT scan.
  - ▶ Please do not eat for six hours before your appointment time. Ensure to drink plenty of plain water and abstain from caffeine and sugar.
  - ▶ Please do not smoke on the day of the scan.
  - ▶ Please bring along your previous scans eg: MRI, CT, XRays, Ultrasound, Blood test report & any biopsy reports.
  - ▶ Wear comfortable clothing.
  - ▶ Leave jewellery and valuables at home.
  - ▶ There should be no change in your medication.
  - ▶ You can expect to be at the facility for approximately 3 hours.
  - ▶ Diabetic patients need to regulate their blood glucose level to normal and must expect longer stay in the facility.
- You will be injected with a small amount of radioactive material that is metabolized by the body and some tumours.
- Reactions or side effects caused from radioactive material are uncommon; on rare occasions, mild effects may occur. Risks associated with these levels of radioactivity, if any, are believed to be quite small and almost always justified by the benefits gained with diagnosis of possible disease.
- After the injection, there will be a delay of up to 1 hour or more prior to imaging.
- The scanning session can last between 20 minutes to 1 and a half hours, depending on your height, the area that requires imaging, and the type of equipment in use.
- Please be punctual. If you need to reschedule, you must notify the Clinic 48 hours in advance.
- This procedure is not advisable for patients who are, or may be pregnant. Please contact us if you require further clarification.

Singapore PET and Cardiac Imaging Centre Pte Ltd  
290 Orchard Road  
Paragon Medical #08-06  
Singapore 238859  
Tel: 6636-1318 Fax: 6836-1381

### 正电子扫描之说明

- 在预约前六小时, 不可进食. 可以喝较多的清水, 但不可喝含有糖份或咖啡因的饮料.
- 於扫描当天, 请避免抽烟.
- 请把以前各种检验的资料, 如X光片, 超音波, CT或MRI 扫描及验血报告, 一并带来以便参考.
- 请穿宽松舒服的衣著.
- 请不要携带珠宝手饰或贵重的物品.
- 请依常例服食您的各种药物.
- 此种扫描及其准备程序将历时大约三小时. 糖尿病患者之血糖必须调整至正常水平, 因此所需的时间就会更长.
- 在进行扫描前, 您将须服食松弛激素, 为此若能有人相伴同行将更为理想.
- 请准时到诊所, 如需要更改时间或日期, 请在四十八小时前以书以面通知我们.

备注: 此项检验不适于有身孕或可能怀孕的女性. 若有疑问, 请与本部门接洽.