

PATIENT INFORMATION SHEET : RUBIDIUM MYOCARDIAL PERFUSION PET / CT

Name: _____ **Appointment Date/Time:** _____

- The purpose of this study is to look how well blood is flowing to your heart muscle, how well the walls of your heart are moving and thus pumping the blood.
- The study consists of both rest and stress tests which will be done one after the other over a period of 30 minutes to one hour.
- While on the imaging table, a nurse will inject a small amount of radioactive material to start the resting part. 6 minutes later, the nurse will inject Adenosine so as to start the stress part at the same time, followed by stress scan 5 minutes later.
- It is possible that a CT coronary angiogram procedure to take place 1 minute later upon doctor's request.
- Reactions or side effects caused from radioactive materials are uncommon; on rare occasions, mild effects may occur. Risks associated with these levels of radioactivity, if any, are believed to be quite small and almost always justified by the benefits gained with diagnosis of possible disease.
- You can have light breakfast approximately 3 hours prior to examination.
- Please refrain from consuming any food and drinks that contain any caffeine (such as tea, coffee, decaf coffee, chocolate, colas, aspirin), and smoking on the day of examination.
- Please bring along a list of all medication on the appointment day.
- Please wear comfortable clothing.
- Please inform the doctor if the patient had any chest pain for the past 24 hours.
- Alert the doctor if the patient encounter any of the following symptoms during the examination:
 - ▶ Chest pain
 - ▶ Chest tightness
 - ▶ Light headedness
 - ▶ Giddiness
 - ▶ Fatigue
 - ▶ Severe leg pain
- Please be punctual for the appointment. Inform us in advance if patients are unable to come at the appointed time for the examination.

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